

How to be successful in creating perfect match

Psychotherapist Mikhail Dernakovsky is convinced that only those who try to improve themselves can achieve happiness

By Lyudmila Pikalina

I know someone who recently married for the seventh time; each time, he's said it's 'forever'. I've noticed that all his wives have been similar in character, so I've never cherished illusions about his relationships. His attempts to convince me that his new passion is completely different now fail. Despite him being clever, he doesn't seem to realise that he is subconsciously attracted to the same type of girl each time, only projecting onto them what he wishes to see. Unsurprisingly, it has not yet worked out.

It's well known that men seek someone to 'mother' them, and to satisfy them in the bedroom. Multiple relationships often follow a path of seeking out someone to fulfil these roles. Of course, if you keep stepping on a rake, you should expect the same result. You either need to seek expert advice or do some soul searching to solve your own problems, recognising what it is that you keep seeking out in relationships.

What do you think of those who place their faith in Fate, as opposed to those who believe we shape our own destiny?

If you repeat your mistakes, you keep on the same path, rather than changing your destiny. However, in seeking to improve yourself, you're already changing destiny! One of my patients endured five attempted rapes and domestic abuse from her alcoholic husband, who regularly beat her. She turned to alcohol and made three suicide attempts, despite being a doctor, with great intelligence.

Attractive and comfortable inside and out

By Andrey Fiodorov

Revamped arrival lounge opens at Minsk National Airport

Passengers flying from Moscow have become the first to experience the new arrival lounge at Minsk National Airport. The existing area has been enlarged and revamped inside and out, with an open-plan environment and several convenient escalators and lifts, including an attractive panoramic lift.

Belarus' Architecture and Construction Minister, Anatoly Cherny, had given builders the target of completing the first stage of reconstruction by March 1st: well in time for the World Ice Hockey Championship. He admits that the airport lacks 'certain facilities' and aims to see it transformed into 'a more attractive and comfortable' venue.



Psychological compatibility assumes occurrence of common interests and coincidence of values

Her life was going downhill but she managed to turn it around, putting aside alcohol, divorcing her spouse and finding contentment in the Orthodox faith. She changed her ideas about men and began to perceive the world in a positive way. A year later, she remarried and now has a good relationship with her husband; she tells me that she's happy. We all have our own destiny, but we can change it if we act rather than complain.

Do you think that opposites work better within a marriage than like-minded souls? What prevents us from enjoying hap-

piness with someone who thinks as we do, watches the same films, reads the same books and whom we understand immediately?

Psychological compatibility has many paradoxes. As a rule, people prefer partners similar to themselves. For example, a strong-willed woman with a business mind will seek out the same kind of man: a 'director'. However, their relationship would soon be likely to hit conflict, since she really needs a man who'll let her 'wear the trousers'. She needs him to spend time with the family. An attractive woman with a zest for life will be drawn to a similar man but they are unlikely to

be a good match: spending too much money and perhaps not sharing the same interests. They might go on holiday together and return discontented. She really needs a sensible man with a level head but she'd probably view him as a 'bore'.

In every family, one person needs to take the lead. One should save money, while the other spends. Contrasting personal qualities are important, but we also need similar intelligence levels, common interests and a coincidence of values. This ensures that we have something to talk about and can agree in our opinions of the world.

Winter drive on snow slopes

Mountain skiing resort welcomes Grodno residents



Grodno residents could estimate advantages of the site

By Yelena Sokolova

A dozen kilometres away from Grodno, close to the Korobchitsy Grodno Homestead agro-tourist complex, the first stage of a new mountain skiing resort has recently welcomed its first guests. Residents of the regional centre truly enjoyed the site. One local, Svetlana Yurk-

eich, commented, "The opening of a ski resort near Grodno was an intrigue for all city residents, as no facility of the kind has ever worked here. We understand that the place is undergoing testing, and that more work lies ahead, but the idea is really brilliant. From now on, Grodno residents will be able to enjoy a weekend trip to Korobchitsy all year round."

Zalesie is waiting for tourists

By Sergey Smirnov

Restoration of Ogiński estate in Smorgon District is planned to be completed in September

A lot of activities will be held in 2015 to commemorate the 250 anniversary of the birth of the great diplomat and composer, Michał Kleofas Ogiński. In September of this year, the restoration of the Ogiński estate in the village Zalesie of Smorgon District is planned to be finished. It will open during a formal ceremony with the participation of guests from different countries. According to the Chairman of the Grodno Regional Executive Committee, Vladimir Kravtsov, the estate will become one of popular tourist places for Polish tourists.

The restoration of the estate began in 2011. Recovery work on the area is financed from republican and regional budgets, and also from the support of the European Union under the project of trans-boundary co-operation.

A tourist-cultural complex, consisting of four zones, will appear at the site. Museum and guest rooms, theatrical-concert halls and greenhouses will be opened here. The 'French Park', which existed previously on the estate, will be restored in the future.

Warbler numbers still decreasing

By Sergey Ivanov

The realisation of the Clima-East project begins



The project is planned to last four years and aims to restore the Zvanets and Sporovskoe bogs in the Brest Region. Belarus houses some of the main nesting places for the aquatic warbler, which is listed in the Red Book of the country. The aquatic warbler is acknowledged worldwide to be an endangered species. "The species received this status because of the low and steadily decreasing population," noted Natalia Minchenko, the Head of the Department of Ministry of Natural Resources and Environmental Protection.

"This is an amateur sporting object. With this in mind, we have invited city residents to test it and to share their impressions, which will be taken into account in our work. Start-up and adjustment works are in full swing: we are testing the slopes, chairlifts, snow-generating machines and snow groomers. The object will be to soon obtain an owner — the resort is being assessed at the moment for future sale," explains the Head of the Department for Sports and Tourism at the Grodno Regional Executive Committee, Oleg Andreichik.

According to the last available data, there are 6,000-8,000 representatives of this rare species in the Republic; and that number continues to decrease. According to the estimates of specialists at the Ministry, the normal number of these birds that should be seen in Belarus is more than 50,000 individuals.